



Integrity Money Management
Making Financial Matters Manageable

Power of Attorney (POA) Support Group

Thursday, September 27th at 7 PM at Waltonwood Cary Parkway
Refreshments and Snacks Provided!

Background:

- Have you had times as a Power of Attorney (POA) that you have had to step out of the room for a second just to catch your breath and get a hold of yourself?
- Ever been blind-sided by an unpaid bill for your parents?
- Have you ever had the pleasure of spending hours on the phone with the IRS because you discovered taxes were unpaid?
- Have you been warned by your employer you are taking too much time away from work to help your family?
- Have you often felt none of your siblings truly understand what's happening with Mom or Dad and they totally underestimate and/or under appreciate what you're doing?
- How many times have you said "I can't do this anymore?"
- Do you feel like there's nobody to talk to that will understand?
- Tired of feeling like the bad guy? Want help?



Your Hosts:

- [Waltonwood Lake Boone](#) (meeting location)
- [Aware Senior Care](#)
- [Integrity Money Management](#)

If you have experienced one or more of the above come join our monthly POA support group!

The burden of caring for a family member in need of eldercare as their designated power of attorney (POA) can be emotionally draining. In fact, if you don't take care of yourself, it can impact your job, your marriage and friends, negatively. This list of worries and duties can be overwhelming:

- Managing finances and paying all the bills
- Reviewing or creating wills and trusts
- Working with elder law attorneys to create a plan to financially qualify for VA or Medicaid
- Researching, selecting and managing home care whether an agency or private care
- Researching and selecting a good independent/assisted living or CCRC community
- Becoming your own version of UBER to transport your loved one to and from appointments
- Becoming a property manager renting Mom or Dads house

The goal of the POA support group is to establish a friendly, open forum for POAs to talk and get their frustrations out in the open. Once we understand each other's challenges, we can work together to find solutions. Our solutions most likely will be things we accomplished on our own and solutions that resulted in engaging trusted professional resources.

Over time, we will develop a list of eldercare experts such as Estate Planning/VA, Senior Move Managers, Money Managers, Counselors, Geriatric Care Managers, Home Health, PT/OT, etc. that can be invited to meetings to discuss their experiences and expertise in helping POAs address the frustrations above. You will find there's a lot of people in the community facing these challenges and we can draw from our collective experiences to help each other.